



MEDIA RELEASE

THE LATEST ON LASERS

Let's face it; no one likes the thought of looking older, especially looking older than you really are. Everybody ages differently but there are certain steps you can take to slow the ageing process.

And you need look no further than Springdale Clinic in Howick. Dr Mark Denekamp offers the latest non-invasive laser techniques to combat the ravages of age.

“Various insults to the skin result in undesirable effects. Sun damage produces premature ageing and other changes in the skin, and age it self, will reduce skin elasticity and result in fine lines and wrinkles. Studies also show that smoking usually compounds ageing of the skin,” says Dr Denekamp. “But the latest laser technology will help you stay youthful and vibrant.”

DUAL YELLOW LASER

The revolutionary Dual-Yellow Laser will combat general redness and flushed appearance, fine blood vessels, brown colour changes due to previous sun-exposure, fine lines around the mouth and eyes, superficial pigmentation changes, scar and lesions, and stretch marks.

The Dual-Yellow Laser is the latest development in copper bromide laser technology. Copper bromide lasers produce yellow and green light and by the use of filters in the laser body, either or both colours will be selected for treatment depending on the desired treatment outcome.

One treatment with the scanning head on the Dual-Yellow Laser can result in the same changes seen after a number of sessions with other laser treatments.

COOL GLIDE LASER

In some way or form we've been trying to remove unwanted hair for centuries – from shaving, waxing (concoctions of sugar and water were used to uproot stubborn hairs), creams and electrolysis, nothing has proven successful in keeping the hair away. Until now. The Cool Glide Laser has achieved excellent results in not only removing unwanted hair, but also controlling it permanently.

By absorbing laser energy, the temperature in the hair root is raised and the growing follicle is destroyed.

COOL GLIDE XEO LASER

Launched in 2003, the Cool Glide Xeo Laser is used for; reducing general redness and flushed appearance, refining large pores, reducing fine lines, evening out colour changes, induced by sun, on the upper chest and neck exposure and pigmentation changes under the eyes.

A rapid firing of defocused laser pulses on the skin at a low power mean that the laser energy is absorbed by particular pigments and converted into heat energy. This causes changes to occur which stimulate the production of substances such as collagen, elastin and hyaluronic acid, that are important in skin structural support.

IPL (INTENSE PULSED LIGHT)

Although not technically a laser, IPL is like a light bulb light consisting of all the colours of the rainbow and is produced as a very bright source. With its range of frequencies it has shown beneficial effects on reducing redness, pigment changes and some skin refinement.

THE LOW DOWN ON LASERS

So, how do lasers work?

“Lasers work by vigorously stimulating a medium, such as a crystal or gas, to produce a very pure, intense light of a very specific colour,” says Dr Denekamp. “Reflecting the light in special chambers concentrates it and different colours and structures within the body will absorb different amounts of light as energy. These differences allow for specific treatment of various parts of the body.”

HOW SOON WILL I SEE RESULTS?

The Dual Yellow Laser will show major changes in the colour of you skin within a week (line improvement takes several weeks). Initially brown spots will turn darker (over the first hour or so) and continue to darken over the first week.

On the face, this area usually peels off at the end of that week, with the skin immediately appearing improved (other areas of the body take two to three weeks to clear). Blood vessels under the skin will look better within a couple of days. But there will be continued improvements (that are more subtle) over about six weeks.

In contrast the IPL side of the Xeo Cool Glide will gradually improve brown marks over three sessions (one can at times be enough for the change desired). These areas also darken over an hour or so and more gradually over a week, "peeling" at one week on the face and between two to three weeks on the rest of the body.

Changes with the Xeo Cool Glide show at different rates. Redness (flush like) will improve within a day or so, and in some people can look a lot better at the end of the treatment sessions (although there is some initial pinkness present). The bases of depressed scars can often be seen lifting up (getting less depressed) at day five. Other changes will be seen over two or three weeks.

The Xeo shows improvement in skin colour (more the red type) over the first one to two sessions, pore size over three to four and fine lines over five to seven.

Springdale Clinic – Helping you look and feel your best

Using proven non-surgical procedures and advanced technologies Springdale Clinic offers:

Endermologie® - Cellulite & Body Refining

Sclerotherapy – Vein Treatment (including varicose veins and facial veins)

Medical Micro Dermabrasion – Skin Resurfacing & Acne Treatment

Anti-ageing - Several Anti-ageing and Wrinkle Therapies

ASAP – Anti-ageing Skincare Range

Huet Biologie – Marine Beauty Skincare Range (including slimming products)

Laser Technology - Hair Removal, Anti-ageing, Sun Damage, Scar Treatment, Facial & Leg Veins

ENDS

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